

# **LAB**® **C-FAST COMPUTER MOUNT**

## **IMPORTANT:**

**PLEASE COMPLETELY UNDERSTAND ALL USER INSTRUCTIONS AND SAFETY INFORMATION BEFORE USING THIS PRODUCT. AS WITH ANY HIGH TECH PRODUCT YOU WILL NEED TO ROUTINELY CHECK FOR LOOSE HARDWARE, CRACKS OR OTHER DAMAGE AND REPLACE ITEMS AS NECESSARY. DO NOT USE PRODUCT IF ANY OF THESE CONDITIONS EXIST**

### **Tools Required:**

- 3mm Allen Wrench
- 2mm Allen Wrench
- Torque Wrench



### **INSTALLATION:**

1. Remove **C-FAST** from the bag.
2. Remove both M4 socket head cap bolts from the bar clamp.
3. Place **C-FAST** computer mount on to the aerobar extension in your desired position.
4. Place one M4 socket head cap screw through the band and thread it into the **C-FAST** computer mount. (Figure 1)  
HELPFUL TIP: This step is easier if you flip the computer mount upside down and insert screw from the top.
5. Insert the remaining M4 socket head cap screw into the second hole and into the **C-FAST** computer mount. Ensure mount is at desired position, then tighten with 3mm allen wrench. Make sure to tighten screws evenly to prevent any extra stress on one side.
6. Torque both sides to 15 in lbs. (1.7 Nm)
7. Install your Garmin bike computer onto the **C-FAST** computer mount. (Figure 2)



Figure 1

### **ADJUSTMENT:**

The **C-FAST** can be centered between your aerobar extensions for optimal viewing.

1. Press and hold the silver button on the bottom of the **C-FAST** extension arm.

As seen in **Figure 3**.

2. Slide the arm out to your desired position.
3. Release silver button.
4. Once arm position is set, tighten set screw with 2mm allen wrench to prevent rattling.

Figure 3



Figure 2